

Self Assertive Efficacy

Instrument: Youth Leadership Questionnaire (YLQ)

Scale/Subscale: Self Assertive Efficacy

Source: State of Connecticut Office of Policy and Management

Developers: Ronald M. Sabatelli, Stephen A. Anderson, Jennifer Trachtenberg, Julie Liefeld

Year: 2005

Language other than English available: No

Target Audience(s): At risk youth ages 12-18 years.

Type: Attitudes

Data collected: Quantitative

Data collection format: Self report - Pre/post

Reading Level: Flesch-Kincaid Reading level 7.3

Existence of test/technical manuals, user guides, supplemental materials: Full survey and development information downloadable from the Outcome Evaluation of Programs Offering Youth Leadership Training report <https://core.human.cornell.edu>

Level of training necessary for administration/scoring/interpretation: None necessary. Paper and pencil scoring with the sum of ratings used as a total scale score.

Widespread Use/Professional Endorsements: Used for evaluating leadership program outcomes for 25 communities between 2002 and 2004 by Sabatelli, R., Anderson, S., Trachtenberg, J., and Liefeld, J. (2005).

Cost of Use: No cost is associated with the use of this survey; however, permission to use should be sought.

Description:

- 4 items scale that assess children's' beliefs that they can voice their opinions, stand up to mistreatment or harassment, and refuse unreasonable requests.

- Items are drawn from the Multidimensional Scales of Perceived Self Efficacy (Bandura, 1990)

Psychometrics:

Information on reliability and validity are provided below. If information on a particular psychometric was not found, it is indicated as “no information provided.” It should be noted that this is not necessarily an indication of a lack of reliability or validity within a particular scale/instrument, but rather a lack of rigorous testing, for various reasons, by the developers or other researchers.

Reliability: *A correlation of at least .80 is suggested for at least one type of reliability as evidence; however, standards range from .5 to .9 depending on the intended use and context for the instrument*

Test-Retest: No information provided

Internal Consistency: Pre: .70, Post: .79

Inter-rater reliability: No information provided

Validity: *The extent a measure captures what it is intended to measure.*

Content/Face Validity: Developers adopt items from pre-existing scales with their own reliability and validity.

Criterion Validity: No information provided

Construct Validity: No information provided

Construct: Refusal Skills

Scale Name: Self Assertive Efficacy

Developers: Sabatelli, R., Anderson, S., Trachtenberg, J, and Liefeld, J.

Rating Scale:

1=not at all to 7=very well

Items:

How well can you...

1. ...express your opinions when other classmates disagree with you?
2. ...stand up for yourself when you feel you are being treated unfairly?
3. ...deal with situations where others are annoying you or hurting your feelings?
4. ...stand firm to someone who is asking you to do something unreasonable or inconvenient?

Scoring and Analysis:

Sum ratings for a total scale score. Higher scale scores indicate greater sense of confidence in being assertive.