Personal Values

**Instrument:** Positive Youth Development (PYD) Survey

**Scale:** Personal Values

**Source:** Institute for Applied Research in Youth Development

**Developers:** Richard M. Lerner

**Year:** 2005 (original survey), June 2008 for short version 1.2

**Target Audience(s):** Middle school youth. The survey is still in the early stages of development and relevance across various target groups has yet to be determined.

**Language other than English available:** No

**Type:** Attitudes

**Data collected:** Quantitative

**Data collection format:** Self report - Pre/post

**Reading Level:** Flesch-Kincaid Grade level: 5.3

**Existence of test/technical manuals, user guides, supplemental materials:** Survey available by request from Richard M. Lerner, Institute for Applied Research in Youth Development, Eliot-Person Department of Child Development, 301 Lincoln Filene Building, Tufts University, Medford, MA 02155. Email: richard.lerner@tufts. Short version of the survey includes information on administration and scoring. There is no cost associated with use of the survey or its scales; however, proper citation of developers is necessary and the developers request that any findings that may be relevant to the further development of the survey be shared.

**Level of training necessary for administration/scoring/interpretation:** None necessary. Paper and pencil scoring by summing the ratings.

**Widespread Use/Professional Endorsements:** The 5 C’s survey has been used between 2005 and present to model pathways of positive youth development and outcomes such as Contribution, Depression, and Risk Behavior. The five C model is currently being endorsed for the development of asset rather than deficit based
Cost of Use: No costs associated with the use of this instrument.

Description:
- Personal Values is a subcomponent of the Character factor. One of the five theoretical "Cs" that are proposed to be related to positive youth development: Caring, Character, Connection, Competence, and Confidence.
- Items for the Personal Values scale are drawn from the Search Institute Profiles of Student Life--Attitudes and Behaviors. Copyright 1996; www.searchinstitute.org.
- 5 items that are focused on the importance of doing what is best and right.

Psychometrics:
Information on reliability and validity are provided below. If information on a particular psychometric was not found, it is indicated as "no information provided." It should be noted that this is not necessarily an indication of a lack of reliability or validity within a particular scale/instrument, but rather a lack of rigorous testing, for various reasons, by the developers or other researchers.

Reliability: A correlation of at least .80 is suggested for at least one type of reliability as evidence; however, standards range from .5 to .9 depending on the intended use and context for the instrument.

Internal Consistency: .89 (Lerner et al., 2005); .89 (Jelicic et al., 2007)
Inter-rater reliability: No information provided.
Test-Retest: No information provided.

Validity: The extent to which a measure captures what it is intended to measure.

Content/Face Validity: The development of the 5 C's survey is based upon the Positive Youth Development perspective or model. This particular scale uses pre-existing scale items with their own reliability and validity.
Criterion Validity: Has been shown to be predictive of youth contribution.
Construct Validity: Confirmatory factor analysis indicated fit into the positive youth Development Perspective (5 Cs)
CONSTRUCT: Core Competencies

Scale: Personal Values

Developers: Richard M. Lerner

Instrument: Student Questionnaire based upon the 5 C’s

Rating Scale:

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<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>not important</td>
<td>1</td>
<td>2</td>
<td>extremely important</td>
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Items:
How important is each of the following to you in your life?

1. Doing what I believe is right, even if my friends make fun of me.
2. Standing up for what I believe, even when it’s unpopular to do.
3. Telling the truth, even when it’s not easy.
4. Accepting responsibility for my actions when I make a mistake or get into trouble.
5. Doing my best, even when I have a job I don’t like.

Scoring:

- Higher ratings indicate strength in personal values.
- Sum all item ratings together. Range of scores= 0 to 15.
  - No items are reverse coded.