Parental Support of Daughter’s Activity Levels

**Instrument:** GEMS Pilot Study

**Subscale Name:** Parental support of daughters' activity levels

**Source:** [http://www.ishib.org](http://www.ishib.org)

**Developers:** Dr. Story; Dr. Nancy E. Sherwood; Dr. John H. Himes; Dr. Marsha Davis, Dr. David R. Jacobs Jr.; Yolanda Cartwright, MS; Mary Smyth, MS

**Year:** 2003

**Language other than English available:** No

**Target Audience(s):** Parent of girls 8-10 years old

**Type of instrument:** Attitudes

**Data collected:** Quantitative

**Data collection format:** Self report - Pre/post

**Reading Level:** Flesch-Kincaid Grade level: 7.4

**Existence of test/technical manuals, user guides, supplemental materials:** None

**Level of training necessary for administration/scoring/interpretation:** None

**Widespread Use/Professional Endorsements:** Used in "An after-school obesity prevention program for African American girls: the Minnesota GEMS pilot study" (Story et al. 2003).

**Cost of use:** No costs associated with the use of this instrument.

**Description:**
- 6-item measure assessing parental support of daughters' activity levels.
**Psychometrics:**
Information on reliability and validity are provided below. If information on a particular psychometric was not found, it is indicated as “no information provided.” It should be noted that this is not necessarily an indication of a lack of reliability or validity within a particular scale/instrument, but rather a lack of rigorous testing, for various reasons, by the developers or other researchers.

**Reliability:**  A correlation of at least .80 is suggested for at least one type of reliability as evidence; however, standards range from .5 to .9 depending on the intended use and context for the instrument.

- **Internal Consistency:** $\alpha=.69$
- **Inter-rater reliability:** No information provided
- **Test-Retest:** No information provided

**Validity:**  The extent to which a measure captures what it is intended to measure.

- **Content/Face Validity:** No information provided
- **Criterion Validity:** No information provided
- **Construct Validity:** No information provided