

Healthy Kids



Eat Well, Get Active. An initiative of NSW Ministry of Health, NSW Department of Education, Office of Sport, and the Heart Foundation.

Common Measure:

[Nutrition](#) [1]

[Physical Activity](#) [2]

Media or doc type(s) included with this resource:

[Website](#) [3]

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Outcome Age Category:

[School Age \(K-8\)](#) [4]

Core Competencies:

[Program Design](#) [5]

[Program Implementation](#) [6]

Source URL: <https://cyfar.org/resource/healthy-kids>

Links

[1] <https://cyfar.org/resource-common-measures/nutrition>

[2] <https://cyfar.org/resource-common-measures/physical-activity>

[3] <https://cyfar.org/resource-medium/website>

[4] <https://cyfar.org/resource-outcome-age-categories/school-age-k-8>

[5] <https://cyfar.org/resource-core-competencies/program-design>

[6] <https://cyfar.org/resource-core-competencies/program-implementation>