

Dairy Council of California - Kids, Games, and Activities

CYFAR **Resource**

Try these free online learning games about nutrition and healthy eating. Whether at home or school, our interactive games and tools will teach children and teens about healthy eating, exercise, and where their food comes from. These online games are not only fun, but parents and teachers like them because they are educational too!

Common Measure:

[Nutrition](#) [1]

[Physical Activity](#) [2]

Media or doc type(s) included with this resource:

[Website](#) [3]

Year published or updated:

2017

Author(s), Presenter(s):

Dairy Council of California

Outcome Age Category:

[School Age \(K-8\)](#) [4]

Core Competencies:

[Program Design](#) [5]

[Program Implementation](#) [6]

Source URL: <https://cyfar.org/resource/dairy-council-california-kids-games-and-activities>

Links

[1] <https://cyfar.org/resource-common-measures/nutrition>

[2] <https://cyfar.org/resource-common-measures/physical-activity>

[3] <https://cyfar.org/resource-medium/website>

[4] <https://cyfar.org/resource-outcome-age-categories/school-age-k-8>

[5] <https://cyfar.org/resource-core-competencies/program-design>

[6] <https://cyfar.org/resource-core-competencies/program-implementation>